



## Are you a Beginner?

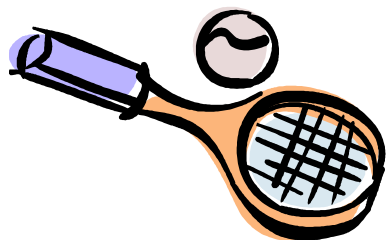
- Beginner Course
- Private Lesson
- Cardio Tennis

## Are you between Beginner and Intermediate?

- Intermediate Course
- Private Lesson
- Cardio Tennis
- Social Tennis

## Are you an Intermediate or better?

- Intermediate Course
- Private Lesson
- Cardio Tennis
- Social Tennis
- Box League
- Club Membership



## Tennis Services

### Beginner Course

Tuesday 7:00 – 8:30pm  
Saturday 10:00 – 11:30am  
10 week tennis fundamentals  
7 pupils per coach

### Intermediate Course

Thursday 6:30 – 8:00pm  
Saturday 11:30 – 1:00pm  
10 week tennis tactics and technique

### Social Tennis Morning Program

Friday 9:30 – 11:00pm  
10 week coaching and doubles play  
Creche available

### Social Tennis Night Program

Tuesday 7:00 – 8:30pm  
10 week social doubles play

### Cardio Tennis program

Monday 7:30 – 8:30pm  
Wed/Thu 9:30 – 10:30am  
10 week tennis workout

### Box League

Wed/Thu 7:30 – 10:00pm  
1 singles match per week – prizes available  
6 week, 9 week and 12 week competitions

### Private Lessons

Flexible  
1 hour per week  
10 week program



# Play Tennis

Tennis for 18 years +

**Beginners**

**Cardio**

**Intermediate**

**Social**

**Competition**

[www.scarboroughtennis.com.au](http://www.scarboroughtennis.com.au)

0430 110 848

Deanmore rd – Scarborough